Koshcoons Raw Food Recipe Ingredients

We do an 80%meat/10%bone/10%organ Recipe

1-MEAT: PORK LOIN

You can use anything from pork shoulder, beef steaks or roasts, and turkey. Any cut of meat can be used to make raw!

2-HEART or GIZZARD:

This counts as part of the meat ingredients. Any hard working muscle is considered meat and not organ. This kind of meat adds variety and nutrients. Heart is very scarce to source and is not an absolute necessary ingredient but gizzards are very easy to find.

3-LIVER:

Chicken is preferred due to being less gamey, but any others can be used.

4-BONE: CHIX THIGHS BONE IN:

These must be ground up in your batch. You may use ground eggshells instead of bone. Note: if raising small kittens, real bone is a must for their growth and development. (Rule for Eggshells: ½ TSP per pound of meat). You can also use turkey or chicken necks, chicken backs or chicken drumsticks.

5-RAW EGGS:

Yolks contain the bulk of the nutrition with almost every essential vitamin/mineral a cat needs

6-CANNED MACKEREL:

Provides needed OMEGA 3s and fatty acids

Supplements

All supplements are optional. If using the raw fed calculator your batch will already be balanced and complete. Listed below are just a couple items we currently add to our batches:

1-Ground flaxseed: aids in digestion, helps with shiny coat, contains Omega 3s

2-Nutritional yeast flakes: contains high amount of B vitamins, energy booster, added protein

- ADD WATER TO MIX ALL SUPPLEMENTS TOGETHER (YOU CAN ADD AS MUCH OR AS LITTLE AS YOUR CATS PREFER DEPENDING ON IF THEY LIKE IT SOUPY OR NOT) AND POUR IN WITH MEAT BATCH

- WE PACKAGE BATCHES IN PLASTIC STORAGE CONTAINERS FOUND ON AMAZON AND FREEZE. THAW OVERNIGHT, BEING CAREFUL NOT TO LET IT GET TOO WARM, AND SERVE IN THE MORNING

Tips:

* IF MEAT BOUGHT AT STORE MUST BE OF GOOD QUALITY BECAUSE PEOPLE MEAT CAN HAVE ADDED SODIUM AND PRESERVATIVES, SODIUM MUST BE <100MG PER SERVING
* LIVER: ALWAYS MEASURE EXACT, TOO MUCH CAN CAUSE VIT A TOXICITY
* WATCH STOOL WITH RAW FEEDING: LOOSE STOOL = ADD MORE EGGSHELL/CALCIUM, HARD STOOL= USE LESS EGGSHELL/CALCIUM
* MOST CATS WILL EAT AROUND 40Z PER DAY, BUT I USUALLY LET THEM EAT TILL FULL WHICH IS AROUND THAT MUCH, KEEP IN MIND KITTENS WILL EAT MUCH MORE AND MORE FREQUENTLY